



The Coopers Arms

March Menu

Gluten Free

Starters

Soup of the Day £5 ✓

Homemade Bread + Salted Butter

Halloumi Fries £6.5 ✓

Coated Fries + Beetroot & Garlic Paste

Chicken, Mango & Avocado £6.5

*Marinated Chicken + Mango & Avocado
tossed in a Chilli Lime Dressing + Chicory +
Crushed Cashew Nuts*

Breads, Olives & Oils £4.5 ✓

Warm Breads + Olives + Infused Oils + Butters

Ham Hock Pressé £6

*Ham Hock & Wholegrain Mustard Pressé + Apricot Chutney
+ Ciabatta Crisps + Leaves*

Tuna Tartare £7

Finely diced Tuna + Watercress + Bloody Mary Jelly

Baked Camembert £6.5 / 11 Sharer ✓

*Garlic & Herb studded Camembert
+ Apple + Homemade Chutney + Celery
+ Selection of Homemade Breads*

Steaks

*All served with Herb Buttered Field Mushroom, Grilled Vine Tomatoes, Dressed Rocket, Hand
Cut Chips and either a Black Peppercorn or Stilton Cream Sauce*

8oz Rump Heart £18

8oz Centre Cut Fillet £26.5

A la Carte (please allow 25-35mins)

Monkfish Provençale £16

Sautéed Chunks of Monkfish bound in a rustic Tomato, Garlic & Basil Sauce + Fine Herb Scented Rice

Honey Glazed Gammon & Egg £13

Honey Glazed Gammon + Fried Hens Eggs + Hand Cut Chips + Dressed Leaves + Coleslaw

Fillet of Beef Stroganoff £14.5

Enriched with Brandy, Mushrooms & Paprika + Poppy Seed Basmati Rice + Horseradish Bon Bon

Sticky Chicken Stir-fry £14

*Sticky Honey & Sesame Chicken + Stir-fried Noodles and
Vegetables with Soy & Sesame Oil + Pak Choi*

Admirals Pie £14

*Salmon, Cod, Smoked Haddock & Prawn bound in a Creamy White Wine & Dill Sauce
Topped with Parmesan Pomme Puree + Wilted Greens*

Mushroom Stroganoff £10.5 ✓

Enriched with Brandy, Mushrooms & Paprika + Poppy Seed Basmati Rice

Red Pepper & Butternut squash Risotto £11.5 ✓

A Creamy Risotto bound with Roasted Red Pepper & Butternut squash + Wild Rocket + Gorgonzola