



# The Coopers Arms

## Gluten Free Menu

WHEN ORDERING FROM THE GLUTEN FREE MENU  
PLEASE CONFIRM ANY ALLERGIES WITH YOUR SERVER

### Starters

**Soup of the Day £5** ✓  
*GF Bread + Salted Butter*

**Breads, Olives & Oils £4.5** ✓  
*Warm GF Breads + Olives + Infused Oils + Butters*

**Bloody Mary Prawn & Avocado Tian £7.5**  
*Prawns + Avocado + Crisp Lettuce + Chicory + Bloody Mary Sauce + Lemon Wedge*

**Chicken & Chorizo Skewers £6.5**  
*Chicken & Chorizo Skewers + Pickled Red Cabbage*

**Antipasti £8 / 14 Sharer**  
*Selection of Cured Meats + Griddled Vegetables + Buffalo Mozzarella + Olives +  
Sundried Tomatoes + Balsamic & Olive Oil + Warm GF Breads*

**Baked Camembert £6.5 / 11 Sharer** ✓  
*Garlic & Rosemary Studded Camembert + Apple + Red Onion Chutney + Warm GF  
Breads*

### Steaks

*All served with Herb Buttered Field Mushroom, Grilled Tomatoes, Dressed Rocket, Hand Cut  
Chips and either a Black Peppercorn, Stilton Cream*

**8oz Rump Heart £18**

**8oz Centre Cut Fillet £26.5**

### A la Carte

**Fillet of Beef Stroganoff £14.5**  
*Enriched with Brandy, Mushrooms & Paprika + Poppy seed Rice*

**Grilled "Cod n Chips" £12.5**  
*Hand Cut Chips + Mushy Peas + Homemade Tartar Sauce*

**Turmeric Chicken £14**  
*Seared Chicken Breast + Roasted Red Pepper + Squash + Spinach + Chickpea Broth*

**Loch Duart Salmon Fillet £15**  
*Crushed New Potatoes + Sautéed Pancetta, Peas & Broad Beans + Herb Cream Sauce*

**Grilled Whole Plaice £15**  
*Whole Plaice + Saffron New Potatoes + Samphire + Lemon & Parsley Butter Sauce*

**Rosemary & Butternut Squash Risotto £11.5** ✓  
*Creamy Risotto enriched with Garlic & Rosemary + Crumbled Roquefort*

**Wild Mushroom Stroganoff £11.5** ✓  
*Enriched with Brandy, Mushrooms, Cream & Paprika + Poppy Seed Rice*