



# The Coopers Arms

## October Menu

### Gluten Free

#### Starters

**Soup of the Day £5** ✓

*Breads + Salted Butter*

**Autumnal Halloumi Salad £5.5** ✓

*Griddled Halloumi & Autumnal Vegetables  
+ Cherry Tomato Chutney + Breads*

**Ham Hock Terrine £6**

*Ham Hock Terrine + Tomato Chutney + Breads*

**Melon & Prosciutto £6**

*Charentais Melon + Prosciutto +  
Wild Rocket & Parmesan Salad*

**Breads, Oils & Dips £4.5** ✓

*Olive Tapenade + Roasted Garlic Dip + Balsamic Oil*

**Homemade Fishcakes £6.5**

*Fishcakes + Half Lemon + Paprika Mayonnaise*

**Sloe Gin Salmon Gravlax £7**

*Blueberry, Dill & Tarragon Cured Salmon + Irish Wheaten  
Bread + Roasted Beetroot, Red Onion & Watercress Salad*

**Baked Camembert £6.5 / 11 Sharer** ✓

*Rosemary & Garlic studded Camembert  
+ Apple + Homemade Chutney + Celery  
+ Breads*

#### Steaks

*All served with Herb Buttered Field Mushroom, Grilled Vine Tomatoes, Dressed Rocket, Hand  
Cut Chips and either a Black Peppercorn or Stilton Cream Sauce*

**8oz Rump Heart £18**

**12oz Rib-eye £24**

**8oz Centre Cut Fillet £26.5**

#### A la Carte (please allow 25-35mins)

**Fillet of Hake £15.5**

*Fillet of Hake + Tomato, White Bean, Garden Pea  
& Chorizo Stew*

**Pan Fried Sea bream £15**

*Sea bream + Herb Buttered New Potatoes  
+ Mange Tout & Garlic King Prawns*

**Baked or Lager Battered Fish & Chips £12.5**

*Cod Fillet + Hand Cut Chips + Mushy Peas  
+ Homemade Tartar Sauce + Lemon Wedge*

**Loch Duart Salmon £15**

*Fillet of Salmon + Irish Champ + Green Beans  
+ Toasted Almonds + Minted Beurre Blanc*

**Honey & Mustard Gammon & Egg £12.5**

*Honey & Mustard Gammon + Fried Egg + Hand Cut Chips  
+ Dressed Leaves + Coleslaw*

**Wild Mushroom Risotto £11.5** ✓

*Chefs Creamy Mushroom Risotto + Wild Rocket + Truffle Oil  
+ Grana Padano*

**Rigatoni Puttanesca £11.5** ✓

*Rich Tomato Sauce + Olives + Feta + Grana Padano Shavings*

**Butternut & Chick Pea Curry £11.5** ✓

*Butternut + Chickpea Curry finished with Crème Fraiche &  
Shredded Spinach + Cardamom Rice*